RNA FOR A BETTER LIFE IN THE HEIGHTS

RIVERVIEW Neighborhood Association

February 1988 *232 Ogden Avenue – Jersey City, N.J. 07307 – (201) 798-0493*

RNA IS NOT AFFILIATED WITH ANY POLITICAL PARTY, ORGANIZATION OR ELECTED OFFICIAL.

MEETING MINUTES

Councilman Tom Hart was the guest speaker at the December meeting. The councilman was in attendance to unveil the latest Heights Pride poster, and to answer questions about his position on important issues in the community i.e.; The Loew's - he is for saving it as a cultural center; The Reservoir, he is for community input with regard to the disposition of the property and its use. After the councilman finished, we finalized plans for our second year of caroling and our second toy collection for needy children (we collected five large shopping bags of toys). The members then enjoyed refreshments in celebration of the holidays.

The January meeting was very full. After committee reports i.e.; Parks; Planning and Development; Save the Loew's, (see articles in this newsletter), we had Captain Galvin of the north district police station, as a guest speaker. The Captain had some very interesting statistics concerning a rash of burglaries and car thefts in our neighborhood. Of the sixteen arrests made with regard to these and other crimes, fifteen of those arrested actually live in the neighborhood. This brings "home" the importance of block watch, and neighbors cooperating with each other. Captain Galvin suggested "house sitting" for your neighbor when you know they have to be away, and using timers on lights, radios and televisions as an effective deterrent. He also urged being observant of anyone acting in anyway suspicious. It doesn't hurt to use the 547-5477 number for some "preventive observation". It is better to report anthing out of the ordinary and be overcautious than to ignore it and have reason to regret it.

Captain Galvin was quick to state that he frequently uses our organization as a prime example of how a neighborhood association can work, when he addresses other city residents. He also made it clear that he is available if there is a problem with any of the personnel in his district. You can call him directly and he will investigate. He promises to return all calls and get as many answers as he can.

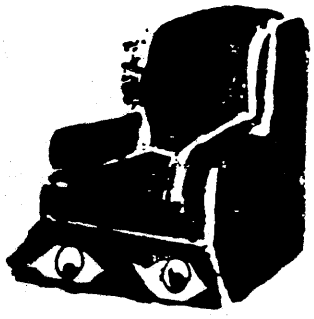
When our guest speaker was finshed, we opened up the nominations for election of officers for our association. We then adjourned to enjoy refreshments and some personal conversation with our neighbors. Why not join us at the February meeting of the R.N.A. on Tuesday, February 9, 1988, 7:30pm at the Harborview Health Care Center.

Secretary
Maria E. Tuzzo

FEBRUARY MEETING AGENDA

ANNUAL ELECTION OF RNA OFFICERS

(see page 8)



Under the Chair

WELCOME TO 1988. RNA hopes to make many new acquaintances and strenghten old friendships in the coming year. 1987 was a year of many accomplishments but also some unresolved issues. Unfortunately, this year began with a series of house break-ins on Ogden and Palisade Avenues during the holiday season. There has also been a rash of car thefts and break-ins in the neighborhood. The general consensus of the people is that these crimes are of a local origin: someone, or some group, that lives or works in the neighborhood is responsible for them. Police Captain Galvin of the North District confirmed these statements at our January meeting. He also urged that we must be more alert - "more nosy" - as neighbors. Keep an eye out for any unusual incidents or strange people in the neighborhood. If you see something suspicious, call the police immediately and stay on the phone with them until a patrolcar arrives to investigate. Let your neighbors know your schedule, so they can watch your property. Lastly, if anyone has information about who is commiting these break-ins and car thefts, it is their duty and obligation to tell the police. Remember, it is better to be safe than sorry.

At our December meeting, there was a discussion about a new awning installed in front of the recently renovated and condo-converted apartment building at 164 Ogden Avenue. Neighborhood residents are upset because this awning, which has two poles erected in the middle of the sidewalk, is a safety hazard and a violation of the building code. Building inspector John Scafidi has checked into the situation and has issued a letter to the building's owner to remove the awning. RNA suggests that a different type of awning, supported from above, be installed. Remember, if a resident notices what they perceived as a building violation in the neighborhood, please call the Building Department at 547-5055, 5058, or 5059 and ask to speak to an inspector, or inform RNA of the situation.

During the month of December, new guard rails were installed at both entrances of Mountain Road and Holland Street. Michael Barnes of the Engineering Department has told RNA that his department erected these temporary barriers until Mountain Road can be renovated because the cobblestoned road is deemed unsafe in its present state. He plans to repair the road surface with pavingstones and cement to replace the missing cobblestones. His plans also include repairing the retaining wall,and installing a new 9" curb, sidewalks and fencing. Although there is no funding at present, he anticipates officially reopening the Road for pedestrian use in 1989 and vehicular traffic in 1990. He said there are no plans for Holland Street at this time. Barnes also stated that Ravine Road, also known as New York Avenue, is going to be renovated this year. His department has money fron a $100,000. bond issue to begin work this spring. Plans for this road include repaving with asphalt, installation of a 9" curb and guard rail, a sidewalk, an 8 foot chain-link fence and more sodium street lights. Mr. Barnes has accepted RNA's invitation to speak before our group at our March 8th meeting. These roads are important conduits for our community to downtown Jersey City, Hoboken and New York City. Now that Mountain Road is closed, Ravine Road is in a deplorable condition, and the 14th Street Aqueduct is being repaired, Congress Street and Patterson Plank Road are two of our neighborhood's only access streets. We must not relent in our efforts to make the City live up to its responsibilities to maintain, repair, clean and patrol these streets.

(Footnote: excerpt from a letter from Ted Conrad to Councilman George Aviles: "It's interesting to note that the Shippen Street Hill in Weehawken, almost a duplicate for our Mt. Road or Brewery Hill as it used to be called, is in excellent condition as far as maintenance is concerned, no burned out cars, trash or even a scrap of paper is visible. What are they doing in Weehawken that we can't do in Jersey City with our higher taxes and assessments? Have we completely lost the art of maintenance in 1987?")

On Thursday, January 14, 1988, there was a City Council meeting that was highlighted by the affirmative vote for an amendment to the Journal Square Redevelopment Plan that in essence saved the Loews Theatre. One observed that among the many speakers supporting the theatre, five of them were from our own neighborhood. Ted Conrad, Anne Hart, Randy Sanford, Dean Howell and Bob Lewis made intelligent, well-thoughtout comments for the legendary theatre to remain as a landmark and focal point for the redevelopment of the Square. It did one proud to see our own people stand up and be counted before the City. RNA thanks them, our people that were in the audience that night and all the others that were supporting them in spirit.

UPDATE: THE HEIGHTS RESERVOIRS

(The following is an update on the Hieghts Reservoirs issue: excerpts from a community letter to Mayor Anthony Cucci.)

"This is an open letter to the City of Jersey City regarding the issue of the properties known as Reservoir #2 and Reservoir #3....

The community has been informed that these existing reservoirs, located between Journal Square and Hudson City wards, have been designated obsolete and that a new concrete water storage tank will be installed in Reservoir #2 by the end of 1989. The problem is that these relatively undeveloped tracts of open space are now being seen as valuable pieces of properties by the City, who is considering selling them to a private developer for much needed revenue for its operating budgets.

A committee was formed to look into this matter.....the committee had a resolution passed by the City Council...to inform the residents of any change in status regarding these properties....Imagine our surprise when we read in the Jersey Journal of Nov. 20, 1987, that a proposal to develop this area was to be informally presented to the Dept. heads of the City with the approval of the Mayor and that it was to bypass the City Council (even the ward councilmembers, Tom Hart and George Aviles, were not invited).

Since that time the community has had three meetings in the Pershing Field Community Center on Nov. 30, Dec. 14, 1987 and Jan. 11, 1988.... Councilmembers Hart and Aviles chaired the first two meetings. Directors Cohen of HED and Nelan of the Water Dept. came to answer questions at the second meeting. At this second meeting, Janet Moore, Arthur Fabian, and Vito Brunetti, members of the first committee, were chosen to temporarily chair the next meetings and begin discussions with HED and the Water Dept.

The purpose of these community meetings and our discussions with the City were to:

1) gather the correct information regarding the status and future of these properties,

2) inform the community-at-large about this situation,

3) get the community's input, and

4) make a series of formal recommendations to the City concerning the possible disposition and the future use of these properties.

Therefore, the committee is presently meeting with HED to gather information about the area's zoning, including statistics about the density, height, use, environment, traffic,

parking, and city services to help formulate this list of recommendations. We are planning to put together a feasibility study describing various options for the future use of this land.

The overwhelming feelings projected at these meetings were confusion and anger. The residents demanded the truth about the "obsolescence of these reservoirs" and "the need to sell these properties". Even though HED and the Water Dept. have assured us of these facts, the community has requested a speaker from the N.J. Dept. of Environmental Protection at our next meeting on Feb. 8, to confirm this information.

You as Mayor should be aware that this land is one of the last undeveloped open spaces left in the City and you can understand the concern and alarm of the area's residents. Therefore, in accord with the wishes of the community at the Jan. 11 meeting, we are sending you this letter. We are hereby requesting from you a statement:

a) indicating the present situation of these properties,

b) the intentions of the City as to the future use of this land,

c) your promise to abide by our final recommendations, including the total participation of our community in any decision process regarding this land.

This is an urgent matter - our next meeting is on Feb.8, 1988 at the Pershing Field Community Center, starting at 7:00 PM - our members are awaiting for a clean-cut, definitive answer to our questions in time for this meeting."

Citizens' Committee for the Future of the Reservoirs

January 18, 1988

UPDATE: RIVERVIEW PARK

Much has happened since the Friends of Riverview Park staged its City Hall demonstration last summer, the most significant thing has been the City Council's appointment of the Jersey City Parks Commission, more commonly called the Park Committee. The committee is chaired by Councilman Tom Hart with Councilmembers Bernedette O'Reilly-Lando and Glenn Cunningham, Betty Kearn of HED and RNA members Vito Brunetti and Dean Howell completing the Council's appointments. The committee now meets regularly every two weeks.

Based upon Riverview Park's example and needs, the committee has recently selected eight (8) other neighborhood parks throughout the City to be included with Riverview to serve as focus areas for much needed attention and basic services. The parks selected are: Riverview, Audubon, Hamilton, Lafayette Bayside, Columbia, Arlington, Van Vorst and Leonard Gordon.

At the top of the committee's list of concerns are adequate security and summer programs and activities. Both concerns are currently being directly addressed! After reviewing preliminary studies and proposals, the committee wil be meeting again in late January with Police Director Walter Adams and his precinct captains to devise a workable security force for the coming summer.

At the last meeting, Joan Earls, Director of Leisure Activities, informed the committee of her plan to provide a full-time Park attendent for each of the nine parks! She will also provide and staff whatever feasable recreational programs each neighborhood needs and/or requests.

The committee has invited the City Council person representing each ward to recommend two interested citizens who will become additional members of the Park Committee... giving the committee broader representation and more resources. Part of the new member's responsibilities will be to provide "grass roots" information and support concerning the

Continued on page 8

CONRAD'S CORNER

Hartz Mountain Industries in their brochure mentions Jersey City's abundant road, tunnel, rail, bus and air access with a growing labor pool in and around the City. "Jersey City combines a cosmopolitan life style with the convenience of an urban center and a myriad of cultural recreational and educational opportunities." (Loews Performing Arts Center)

With an increased population of 50,000 along the waterfront, Jersey City will have to provide more than just condominiums and office buildings to improve the quality of life to make living in the city more desirable than in the suburbs. Just an eight slot movie house serving cappocino coffee and popcorn featuring "Throw Mama from the Train"and "Fatal Attraction" will not be enough.

The Loews as a live performing arts center for Hudson County's 600,000 population could change that image with an interior more spectacular than any theatre in Lincoln Center or Newark's new cultural center Gov. Kean is hoping to build in the next ten years. Most successful downtowns in the U.S. have restored their old theatres as cultural centers. Like the recently restored Fox Theatre in St. Louis for which tourists and natives pay $2.00 for tours just to gaze at the magnificent grandeus of the breath taking interior which puts on a show of its own without actors. If we had this kind of grandeur in 1928, we should at least have something as good or better in 1988.

The Loews can be the catalyst in the redevelopment plan of Journal Square in attracting audiences from all over Hudson County with an easy Path ride from Hoboken, Pavonia and Exchange Place or access via bus along Kennedy Blvd. plus acres of parking spaces after five and weekends, more than in Lincoln Center.

A fifty story tower hotel and apartment complex could be connected to the Loews with a walkway, the theatre could then become an ideal convention center for Jersey City, much like the Bismark Hotel and theatre in Chicago. It would be self supporting as a performing arts center and convention hall.

A revolving restaurant in the cupola would be one of the greatest tourist attractions in the Metropolitan area, overlooking the vast panoramic view of New York, focusing on the Empore State and the Trade Center, both just 20 minutes away with a Path train from the Journal Square Station below.

Journal Square, if it is to remain the hub of Hudson County, needs a tall monumental building in its center. Hartz horizontal dull metal buildings will not improve the Square. As office buildings they will be dark after five and become a blight on future growth of the Square. The Loews, as a cultural and convention center as a part of an apartment hotel comples, will bring back the Square to its former glory. The mezzanine of the Loews could also become an art gallery, it could become a popular tourist attraction like the top of the Empire State or the Trade Center which could really put Jersey City on the map.

Removal of the temporary sheet rock dividing partitions, a good dusting, cleaning carpets and drapes, rearranging some seats, an overhaul of the heating plant and electrical wiring system to have a trial performance in the theatre should not cost more than two million. Later when the waterfront population increases to some 50,000, the twelve million estimated restoration cost of the study can be completed.

If Jersey City can't afford to buy the theatre, the County can float a bond to pay off Hartz Mountain for a cultural center for Hudson County. The last Green Acres Bond issue of forty-

Con't Conrad's Corner

five million just passed for restoring historic buildings can be used to make minimal repairs to re-activate the theatre. Spending the full twelve million could also ruin the acoustics as almost happened to Carnegie Hall when modern plastic paint was applied to the interior which had originally been painted with lead based paint to help soak up the sound.

Additional Funding for the theatre may come from a 1988 per-capita New Jersey figure calculated at $2.61 based on the 19.9 million appropriation figure or $1,566,000 for Hudson County's 600,000 population instead of just $100,000 for the Park Theatre in Union City owned by the Archdiocese of Newark, $50,000 for the Hoboken Chamber Orchestra and $8,000 for Liberty Park in 1987.

Why does Hartz want to knock down the Loews when they still have plans for a twenty story building on vacant land west of their recently completed nine story office building? Hartz could even become the developer for the Hotel-Cultural Convention Center.

SPRING CLEANING?

Don't forget about our Flea Market which will be in June this year. Remember to throw away only garbage and save other items with some use for the Flea Market. Just reserve a small corner in your clean closet or basement for your Flea Market items. RNA will again have a donations table and we will let you know in a future newsletter where and when to bring your donations.

Carin Lewis

DON'T GIVE THE RAT A PLACE TO RAISE A FAMILY

The Urban Rodent Control Project would like to join us at one of our meetings. Their purpose is to improve enviromental health and sanitation in the city of Jersey City. Our cooperation is needed to develop clean neighborhoods and control rodents. A date for their presentation to us will be discussed at the next general meeting.

If you wish to get in touch with them before hand you may do so by contacting the Jersey City Department of Human Resources, Division Of Urban Rodent Control, 201 Cornelison Ave., Jersey City, N.J. 07304.

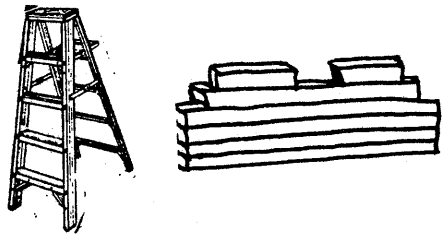
SECOND ANNUAL CHRISTMAS CAROLING

It was cold on December 19th at 6:30p.m. and three people met at the gazebo. Not enough, so we waited. At 7:00 p.m. there were eleven and we decided to do it. R.N.A.'s second annual Neighborhood Christmas Caroling was underway. As we walked down Ogden Ave. and sang our ranks swelled to twenty-five. Some of our ranks got cold and went home to to get warm. Others quickly took their places. All in all approximately forty different people, adults and children, participated. We even had a violin to accompany us part of the way. It was a grest time, enjoyed by both those who sang and those who listened.

Special thanks to Ted and Ruth Conrad for opeing their home and giving us coffee and hot chocolate to warm us up after we had finished caroling. Also a special thanks to Frank Allegretto for the delicious cookies.

Of the eleven people who started caroling in the park, ten "stayed the course". Plan on coming out with us next year, it really is great fun no matter the temperature.

BoB Lewis



PLANNING AND DEVELOPMENT

We have a few topics to report on this month:

Item 1 - Loew's Theater

Congratulations are in order to R.N.A. members for helping to save Loew's Theater! Last Thursday, January 14th, our organization was well represented at a meeting of the City Council where an important vote was taken to include the preservation of Loew's in the development of the Journal Square area. The evening was a wonderful victory in the fight to save Loew's. The vote, which was quite a surprise, was 7-1-1 for the proposal. This meant that many more council members have come out for Loew's than we originally anticipated. It looks like the tide is turning. Now... if we could only change the Mayor's mind, we would almost be home free.

Item 2 - Pohlmann's Hall

On February 4th, we will be at City Hall telling the Board of Adjustment that we approve of the latest plans for developing the property next to Polhmann's Hall. (Isn't that a nice change!) All members of R.N.A. who would like to attend are welcome. I see this meeting as a moment of enjoying the fruits of our labor! Congratulations are also due to our organization for our successful efforts in getting this project scaled down more to the size of our neighborhood.

We thought it would be a good idea to publish Investment Properties' letter to us so that all R.N.A. members are aware of an important commitment the developers have made to prevent further building on the Palisades.

Here is what their letter says:

"Thank your association for the support of our proposed project and your letter to Richard Bass, Director of Urban Research and Design, dated December 8, 1987.

Investment Properties III will incorporate a restrictive covenant into their deed stating that there shall be no further development on the Palisade Cliffs within their parcel.

In reference to Item 2, the building is 5 stories, 4 floors of units over the parking lot. The height of the proposed building is 47'-4". The top of the Fascia on Pohlman Hall at the southwest corner is 50'-3"+.

Thank you again for your support and we would appreciate your attendance at the Board of Adjustment meeting of February 4, 1988....

Sincerely, Fredric A. Rosen"

January 4, 1988

Item 3 - Future Developments

The Planning and Development Committee is presently keeping an eye on these situations: When the apartment building at 193 Ogden Avenue across from Harborview Healthcare Center was renovated, the owners (Jordan Industries, who also own Harborview) received a variance in parking requirements. They promised that the tenants would be able to park at Harborview. Some of the new tenants were also told this. Now they are being turned away and denied any parking. We will investigate.

Two more building projects are in the works: The owner of the deli at the corner of Palisade Avenue and Cuneo Place wants to add residential units on top of that building. (We wonder if there is parking available.) Also, rumor has it that a large apartment building is being planned for the corner of Palisade Avenue and Prospect Street. We haven't seen any plans yet for that project, but we will keep everyone informed.

Randy Sanford, Chairman

Planning and Development Committee

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needs and status of their park... in the same manner as the Friends of Riverview Park did for their park.

Further, at the January 4, 1988 meeting of the City Council, a sum of $50,000. was allocated for repair and renovation of the parks. Wow!

With spring and park-weather rapidly approaching, we feel confident at this point, that the residents will notice a big difference in Riverview Park!

Thanks to all of you for your continued support, and may you enjoy the Park in comfort and safety!

DEAN HOWELL

!!! R. N. A. ELECTIONS !!!

The election of officers for 1988 for the R.N.A. will be held at the Feb. 9th general meeting. Nominations were opened at the Jan. 12th meeting and will remain open until the Feb. meeting. At that time, if there are no further names put up for office, the nominations will be closed and the vote taken.

Nominees are as follows:

Chairperson--- Vito Brunetti
Bob Lewis
Randy Sanford
Maria Tuzzo

Vice-Chair--- Bob Lewis

Secretary---- Claire Ryan
Maria Tuzzo

Treasurer---- Kathy Brennen
Bob Murray
Randy Sanford

Sgt-at-Arms-- Mike Moloughney
Ernest Quintero
Jack Rea

Please remember that only those members who have paid their dues for the year 1988 are eligible to vote or hold office. Dues are $3.00 per year and can be paid at the meeting before the vote is taken. Election night is Tuesday, February 9th 7:30pm at the Harborview Health Care Center.

WASHINGTON PARK LITTLE LEAGUE

Play Ball! Once again the baseball season is upon us. The registration for 1988 for the Washington Park Little League baseball program will be held at the Washington Park Men's club located at 3 Charles Street.

The baseball program is open to all boys and girls from age 7 to age 12. A parent or guardian must accompany the child. The registration fee is $5.00 and a birth certificate must also be presented at registration.

The dates and times for registration for the league are as follows:

Thursday	February 4	7:00pm-8:30pm
Saturday	February 6	10:00am-1:00pm
Thursday	February 11	7:00pm-8:30pm
Saturday	February 13	10:30am-1:00pm
Thursday	February 18	7:00pm-8:30pm
Saturday	February 20	10:30am-1:00pm
Thursday	February 25	7:00pm-8:30pm
Saturday	February 27	10:00am-1:00pm

Please note that an insurance fee of $6 00 will be collected at a later time. Your child will be advised by his/her coach when it will be due.

Mike Moloughney

For Your Information

The ice skating rink in Pershing Field is open 7 days a week:

Monday - Friday	4 to 5:45
Saturday	1 to 3 and 7 to 9
Sunday	1 to 3

The cost is $1 for adults and 25¢ for children. You must bring your own skates.

AN INVITATION TO THE TENANTS IN THE RIVERVIEW NEIGHBORHOOD

You chose to live in Heights and it was a smart decision. Public transportation is convenient, the view from the Park is tremendous, shopping is closeby and the rents are reasonable. But if you aren't a member of the Riverview Neighborhood Association you're missing out on the best bargain the area. The RNA is not by definition, or in spirit, a property owners' organization. If you are living here as a renter, you deserve the advantages of membership.

The second Tuesday of every month at 7:30 PM you can meet with your neighbors and share the concerns of both homeowners and tenants. We all want safer, cleaner streets. We all want to be certain of a fast response from the police and fire departments when we call 911. You may not think new development in the Heights is something a renter need worry about - but you'll think differently when you can't find a spot on the street to park.

The various committees of the RNA have accumulated considerable experience in how to get things done in Jersey City. They know who to call, where to go and how to leverage the power in our numbers. Projects which improve the quality of life in the Heights are always underway. Guest speakers are often invited to explain issues of current interest. You can find out how to help others - donating old clothes to a good cause, canned goods to a food drive or adopting a stray cat or dog. Your neighbors can help you with simple yet vital advice - finding a babysitter, recommending a veterinarian, suggesting a method of getting what you want from your landlord.

Join your neighbors, become a member. See you February 9th, 7:30PM in the meeting room on the second floor of the nursing home on the corner of Ogden and Franklin. Just follow the crowd of nice people carrying homemade goodies.

Clare Ryan

TO ALL WHO ARE CONCERNED, AND THE ONES WHO ARE NOT, AND THE ONES WHO SAY THEY ARE, AND REFUSE TO BE (CONCERNED).

CONCERNED? ABOUT WHAT? OUR FRIENDLY NEIGHBORHOOD, OR IS IT?

A friendly neighborhood is having people say good morning, or good afternoon, or Hi - Hello, How are you. We all know how nice it is to be greeted by a friendly smile, or a helping hand from a neighbor.

But if you are somewhat concerned about your neighbor or your neighborhood some of us aren't smiling at all. This is because of the problems we are having in our not so quiet neighborhood - such as stolen autos, cars being broken into and radios being taken, antennas being broken, tires slashed or stolen. There are also houses that have broken into and precious belongings taken, some irreplaceable.

Just imagine someone going through your private possessions! Well, as told to me by someone who has had had this happen to them, it's like being raped, and I agree. There are quite a few people in our neighborhood who belong to the R.N.A. Some don't, but should. The more members we have will help us change our neighborhood to an area to be proud to live in.

To all those people that just sit back and complain about things - well, it's all your fault! You are the ones that don't get involved and try to help or even make an effort to change our area. If something were to go wrong in your little corner of the world maybe the tide would turn?

The R.N.A., is part of your neighborhood, we are here to make our area a better place for all of us to live in and enjoy our quality of life.

Be a doer, not a looker, and make our streets places to be proud of.

The time is now!!! It is later than you think.

Tom Redmerski

LAUGHTER LINES

LAUGHTER LINES

LAUGHTER LINES

Now that sunset has finally passed 5 p.m., and our days are getting longer, can Spring be far behind? Time to get in shape!!!

For those of us that look at joggers going by and secretly say to ourselves 'I could do that'; for those of us that pass up low-cal foods for the simply delicious items loaded with calories - finally, am easy way to lose weight.

Dr. William Fry, a phychiatry professor considered the leading authority on the physiology of laughter, has come to our rescue. He has termed "laughter" internal jogging. Intense laughter doubles the heartbeat for 3 to 5 minutes and can do so more quickly that exercise. The muscles used are those in the chest, abdomen, shoulders, neck, face and scalp. Be advised that muscle contractions around the bladder can produce raging mirth's most embarrassing side effect.

Laughter is also followed by a reduction of muscle tension. The respiratory system benefits because you rid yourself of accumulated carbon dioxide. Having expelled more air than usual, the lungs take in more oxygen-rich air. Hence, your face gets red. Laughter increases the heart rate, stimulates the nervous system and creates greater mental sharpness. Dr. Fry doesn't tell us how many calories are burned off by laughing but at this point - who cares?

The next time you pass me by, don't ask me to go jogging - stop and tell me a funny story.

ADVERTISEMENT

Jersey City Heights: One bedroom apt. All appliances included. Close to all transportation. Furnished or unfurnished. $625.00 - 675.00. Call Daniel at 792-9448.

Jersey City Museum

The Jersey City Museum is presenting four one-person shows in their "Meet the Author" series. First in this series is an exhibit of mixed media works on paper by Whitfield Lovell. The public is invited to attend an opening reception at the Museum on Wed. Jan. 27th from 5:30 to 7:30. This exhibit will run from Jan. 27 to Feb. 27.

As part of this show, Mr. Lovell will conduct a gallery talk on Feb. 20 for the general public. Admission is free.

Highlights of the Celebration of Black History at the Museum:

Feb. 6 - African Games and Stories - learn the traditional games, hundreds of years old, still played today.

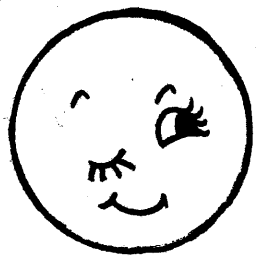
Feb. 24- Ben Jones - A Portrait - 1/2 hour video. Mr. Jones will be present for questions and answers.

The Jersey City Museum is located on the 4th floor of the Main Library - Jersey Avenue & Montgomery Street. Telephone - 451-0802.

FREE INFORMATION

There are some interesting publications available, free of charge:
a) Health Services of Hudson County has a marvelous newsletter with important health advice. You can get this newsletter sent to you by contacting Health Services, 714 Bergen Avenue, Jersey City, N.J. 07306; TEL. 451-6300

b) The City of Jersey City publishes a newsletter called ACCESS geared to aiding handicapped people. This is available by sending your name and address to Thomas C. Wilczewski, Editor, P.O. Box 3097, Jersey City, N.J. 07302.



Have A Blast Without Getting Blasted

Alcohol-free Drinks:

Tonic Sipper - 1/2 cup lemon-lime soda
1/2 cup club soda or seltzer
2 tsp. lime juice

Combine ingredients, shake or stir to blend. Garnish with a slice of lime, serve on ice.

Sangria Spritzer - 1/2 cup lemon-lime soda
1/2 cup ginger ale
1 tbsp. grenadine

Combine ingredients, shake or stir to blend. Add ice and serve.

PLEASE CONTRIBUTE

This is your neighborhood... this is your organization... this is your newspaper! RNA would like to know what you think about and talk about to your friends and family. What bothers you? What things do you like? We are interested in articles from our neighbors and friends. Problems with the community or the City? Praise for a neighbor or a politican. A family secret cooking recipe. C'mon, let's hear from you!

GUESS THE PRESIDENT!

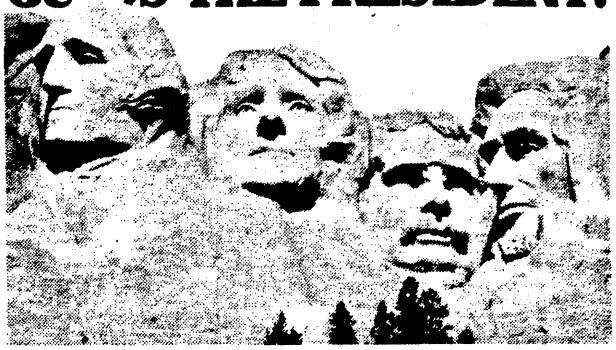


Photo courtesy South Dakota Department of Tourism

Just in time for Washington's and Lincoln's birthdays, here's a *Better Way* quiz to help you see how much you know about our presidents.

Test your knowledge by matching each of the names on the left with the correct corresponding item on the right. The answers are given below.

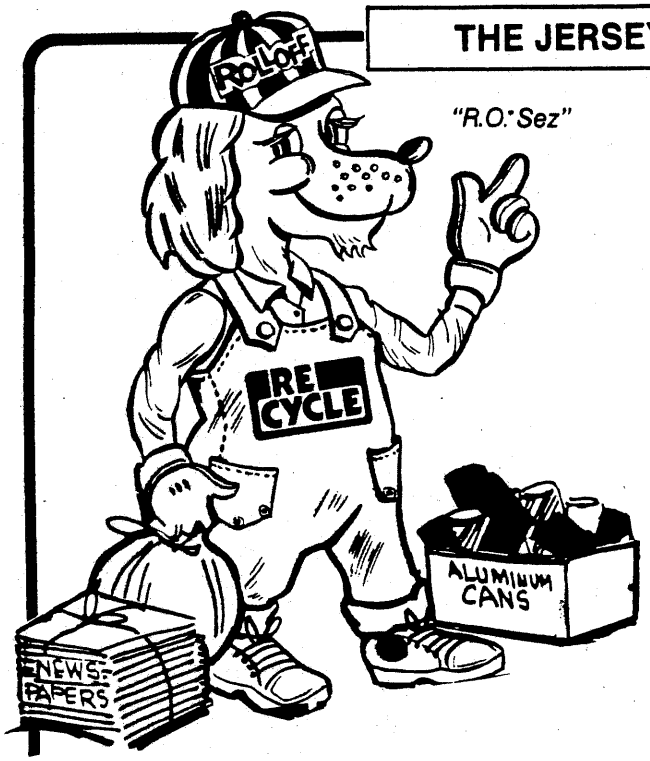
1. George Washington
2. John Adams
3. Thomas Jefferson
4. James Madison
5. John Quincy Adams
6. Andrew Jackson
7. James Buchanan
8. Abraham Lincoln
9. Andrew Johnson
10. Ulysses S. Grant
11. William McKinley
12. Theodore Roosevelt
13. Woodrow Wilson
14. Warren G. Harding
15. Calvin Coolidge
16. Herbert Hoover
17. Franklin D. Roosevelt
18. Harry S Truman
19. Dwight D. Eisenhower
20. John F. Kennedy
21. Lyndon B. Johnson
22. Richard Nixon
23. Gerald Ford
24. Jimmy Carter
25. Ronald Reagan

a. declared "war on poverty"
b. "Hero of San Juan Hill"
c. Fireside Chats
d. duelist
e. on $2 bill
f. owned dog named Checkers
g. his attempted assassins: Squeaky, Sarah Jane
h. "The buck stops here."
i. Mount Vernon
j. shot in Ford's Theatre
k. his mother was in the Peace Corps
l. NATO commander
m. first president born in 20th century
n. his father was president, too
o. first president to live in The White House
p. first bachelor president
q. his slogan: Let's make America great again!
r. highest point in U.S. named for him
s. president during stock market crash of 1929
t. "Fourteen Points"
u. wife: Dolley
v. Brigadier General during Civil War
w. first president to face impeachment
x. Teapot Dome Scandal
y. "I do not choose to run for president in 1928."

Answers: 1. i; 2. o; 3. e; 4. u; 5. n; 6. d; 7. p; 8. j; 9. w; 10. v; 11. r; 12. b; 13. t; 14. x; 15. y; 16. s; 17. c; 18. h; 19. l; 20. m; 21. a; 22. f; 23. g; 24. k; 25. q.

Scoring: 19-25 correct: A gold star for you!; 13-18 correct: Good job!; 6-12 correct: Fair, but room for improvement.; 0-5 correct: Time to brush up on history.—*M. O'M.*

THE JERSEY CITY INCINERATOR AUTHORITY



"R.O. Sez"

—RECYCLING. . .

- Combats the growing problem of solid waste disposal.
- Reduces litter & pollution.
- Conserves natural resources.
- Saves energy.
- Saves money & creates jobs.
- Keeps Jersey City neat and clean.

NO!

- **WHO** ***must recycle?***
  All Jersey City residents as well as all city commerical and industrial establishments.
- **WHY** ***must we recycle?***
  The City of Jersey City along with the County of Hudson and the State of New Jersey have recognized the importance of recycling and are in the process of implementing MANDATORY recycling procedures for everyone.
- **WHAT** ***is recycling and what must be recycled?***
  Recycling is the source separation of materials and the reuse of those materials in the processing and manufacture of new materials.

  1. NEWSPAPERS:
  Tied in bundles of less than 30 lbs. and no more than 12" tall. Only newspapers, not magazines, telephone books or junk mail, etc. Do not place newspapers in plastic or paper bags.

  2. GLASS:
  Bottles and glass jars *only*, of any type and color. Please rinse bottles and jars and remove caps and lables.

  3. ALUMINUM CANS:
  Only *ALL*-aluminum cans. Bi-metal or tin cans cannot be accepted. If a magnet sticks to the can it is not aluminum. Rinse out cans.

  4. USED MOTOR OIL:
  Will be accepted at local service stations and can be brought to the Jersey City Incinerator Authority Monday through Friday from 8 am until 4 pm up to five (5) gallons at a time.

  5. LEAVES:
  Placed at curbside during the fall leaf season will be picked up by the Authority for recycling and composting.

YES!

- **HOW** ***will recycling take place in Jersey City?***
  The Jersey City Incinerator Authority will provide curbside collection of newspaper, aluminum, glass and leaves. In addition the Authority will maintain a recycling center for those individuals who wish to drop off recyclable materials.
- **WHEN** ***is recycling to begin in Jersey City?***
  Residential recycling will begin within the next five (5) months. The Jersey City Incinerator Authority will place newspaper and cable TV announcements and advertisements and will issue additional mailings with the exact dates as soon as possible.

RE CYCLE JCIA RECYCLING

THE JERSEY CITY INCINERATOR AUTHORITY
432-4645

HAPPY VALENTINE'S DAY

HAPPY VALENTINE'S DAY

FOR A BETTER LIFE IN THE HEIGHTS

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07302
PERMIT NO. 153
CAR.-RT. PRESORT

RIVERVIEW Neighborhood Association

FOR A BETTER LIFE IN THE HEIGHTS

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Chairman

Bob Lewis
Vice-Chairman

Maria Tuzzo
Secretary

Randy Sanford
Treasurer

Jack Rea
Sgt. at Arms

Theodore Conrad
Historical Advisor

COMMITTEES:

COMMUNITY AWARENESS:
Carin Lewis

CRIME:
George Graul

ENVIRONMENT:
Anne Hart

TRAFFIC:
Michael Cioffi

PLANNING & DEVELOPMENT:
Randy Sanford